



Sex and Relationship Education Policy

2016-2019

Governor Lead:	Pupil Support Committee
Nominated Lead Member of Staff:	Andrew Brown
Status & Review Cycle:	Statutory. 3 Yearly
Last Review Date:	August 2016
Next Review Date:	August 2019

Principles

All pupils will be taught the biological aspects of human growth and reproduction that are essential elements of National Curriculum Science. As a Free School, North Cestrian is not obliged to teach Sex and Relationships Education (SRE). However, the school is committed to ensuring that all pupils should be offered the opportunity of receiving a comprehensive, well-planned programme of sex and relationships education. To this end, the school will have regard to the Government's SRE guidance. ([SRE Guidance](#))

SRE will be taught as part of the school's PSHE programme.

The school believes that high quality sex and relationships education is an essential part of schooling which supports young people's development and prepares them for adult life; that sex should be consensual, safe and as part of a caring relationship

Aims

- Prepare the pupils for the opportunities, responsibilities and experiences of adult life so that they may make a positive contribution to society and keep themselves safe.
- To encourage health-promoting behaviour.
- To complement and be supportive to the role of parents and have regard to parents' views about its content and presentation; ensure students have the information to make informed, healthy and safe life choices.
- Develop pupils' understanding of personal responsibility.
- Ensure pupils learn to show respect and consideration for others and alternative points of views.
- Provide support and information for young people and their parents.

Practice

The school has an on-going programme of sex education throughout Key Stage 3 and Key Stage 4. This programme is regularly updated and reviewed. The programme will be delivered through National Curriculum Science lessons, and PSHE, with aspects via Religious Studies lessons. The topics covered in each key stage are:

Key Stage 3

Year 7

- Knowledge of different types of relationships that are part of adult life.
- Strategies for managing emotional and physical changes during adolescence.
- Relationships in general as an introduction to sex education and recognising the importance of personal choice in managing relationships so that they do not present risks
- Biological reproduction in humans, development of a baby in the womb, as required by the Science National Curriculum.

Year 8

- Understand the concept of stereotyping and identifying its various forms
- Strategies for dealing with peer pressure; decision making and the confidence to say no
- Introduction to family planning.
- The importance of family life and stable and loving relationships, especially in the context of raising children

Year 9

- Laws about sex and moral attitudes to sexuality and awareness of the range of sexual attitudes and behaviours in present day society.

- HIV, AIDS and sexually transmitted infections.
- Differing sexual images in the media.

Key Stage 4

- Family planning and contraception – the advantages and disadvantages.
- General health care and sexually transmitted infections.
- HIV and AIDS.

The parental right of withdrawal from lessons where these issues are being addressed

Parents now have the right to withdraw their children from their sex education although not from those elements which are in National Curriculum Science. If a parent wishes to withdraw a child from these classes, they are asked to discuss it with the Pastoral Director to be clear about what the pupil will do when withdrawn. It should be made clear, however, that if pupils who are withdrawn from sex education ask questions at other times, these questions will be answered honestly by staff.

Use of outside visitors

It is anticipated that professionals from outside the school will from time to time be involved in teaching the sex education programme. Every visitor or professional speaker involved in this programme will be made aware of the sex education policy of the school. The Senior Leadership Team exercises great care in the choice of external speakers.

Parents will be given an outline of the policy at the start of the academic year so they can make informed choices.