

# FOOD & NUTRITION

YR 11

Written Exam: 50% of GCSE

NEA 1: 15% of GCSE

NEA 2: 35% of GCSE

YR 10

Food Safety

Food Choice

Food, Nutrition &  
Health

Food Provenance

Food Science

YR 9

British & International  
cuisine

Life Stages & Meal  
Planning

Focussed practical  
Skills

YR 8

Sensory evaluation

Nutrients

Focussed practical Skills

YR 7

Hygiene & Safety

Healthy Eating

Basic practical Skills